Exploring Careers and Majors

“Choose a job you love and you will never work a day in your life.”

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Let’s Begin!

Picking a college major is not easy for most students.

With almost 2000 majors choose from, and trying to decide if the right major will get you the right job, where do you begin?

You don’t have to GUESS. You can plan.

There are tips and tools to help you make this Major decision (get it?).
Look at it Differently…

**What aptitudes/talents do I have that I can use to thrive in the world of work?**

Many high school students have no idea what they want to “be” when they grow up

Take an aptitude and interest assessment

Talk to your school counselor
Look at it Differently…

What interests do I have that I can potentially turn into a career?

What do you do that makes you happy?

What kind of TV shows interest you?

Learn where your interests and talents intersect!
Look at it Differently…

What problems do you want to solve?

Many high school students have awareness and compassion for global problems, as well as concern for issues in their own community.

Can you take that kind of interest and turn it into a career?

It takes many diverse aptitudes and skills to solve a problem.
Putting it Together

Think about a goal and pick a major that makes sense for you!

“I’m learning human biology so we can eliminate hunger.”

“I’m learning geography and engineering to get clean water to Africa.”

“I’m learning computer science to enable developing nations to connect.”

“I’m learning political science to help people engage their local and federal governments.”
Did You Know?

FACT: Most students begin college not knowing exactly what they want to study.

An estimated 20-50% of students enter college undecided, while an estimated 75% report having changed their major at least once.

What this all really means is that many students entering college aren’t sure about their major, AND that is OKAY!
Did You Know?

**FACT: Choosing a college major does NOT lock a student into a specific career path.**

While some careers require specific majors that cannot be substituted, most careers have different paths to getting there!
A Major/Career Checklist

Ask Yourself . . .

• Do I know what I am good at?
• What are my interests?
• What are my life/work values?
• What am I looking for in a work environment?
• Is it realistic?
How do I Explore?

Loyola College Quiz
luc.edu/undergrad/academiclife/whatsmymajorquiz/

College Major Quiz
thoughtco.com/college-major-quiz-4089204

Best Colleges Guide
bestcolleges.com/resources/choosing-a-major/

What Can You Do With This Major?
whatcanidowiththismajor.com

Find Your Calling
findyourcalling.com

NHHEAF Aptitude and Interest Assessment
nhheaf.org
What Else Do I Consider?

Start exploring careers where all three areas intersect to find the key to your professional life.

**Interests**
what you love

**Aptitudes**
skills & talents

**VALUES**
benefits
money
lifestyle
I’m Creating My Path

I’ve reflected on my interests and recognize my strengths.

I have found careers that would be better long-term fits for ME.

I can explore these to determine their education and training investment.

I will use this information to make informed college choices.
The College Experience

What Do You Gain From Any College Education?

• Career preparation & skills for employment

• Skills and tools to help you *qualify* for better career opportunities

• Life skills to help you become a responsible and involved citizen or leader
Gain Transferable Skills

• Communication & Speaking Skills
• Problem-Solving
• Enhance Written Skills
• Time Management
• Independence
• Collaboration Skills
• Accepting Feedback
Check Out Your Colleges!

• Talk to college representatives at high school visits

• Attend college fairs

• Campus visits – utilize April vacation!
  ✓ Open Houses & Information Sessions
  ✓ Tours
  ✓ Overnight Visits
  ✓ Interviews
  ✓ Observe a Class
How Will the College Support Me?

What do you want from your college?

- Assistance for undeclared or undecided students
- A good number of majors to consider
- Engaged academic and career advisors
- Support and time to explore and think

A good number of majors to consider
Final Thoughts

- Exploration during this time is key!
  - Job shadows
  - Internships
  - Informational interviews
  - Take an aptitude assessment
- Advocate for yourself
- Go online: research careers, majors, and colleges
- Visit and talk to colleges
- Take small steps toward a larger goal
- Stay open to the possibilities
Thank you!

Please make your way to the next workshop from the Destination College main platform.

The link is posted in the chat for your convenience.